

WEEK OF: Sept 21-25, Oct 12-16, Nov 2-6

 LAUREMONT SCHOOL		Monday		Tuesday		Wednesday		Thursday		Friday	
Lunch - WEEK 3	Featuring:				Noodle		Classic Comfort				Fun Day Friday
	Main		Piri Piri Chicken, Roasted Potatoes and Mixed Green, Cucumber Capers and Smoked Paprika Croutons Salad		Rigatoni Beef Bolognese and Garlic Green Beans		Seasoned Pork Roast with Garlic Mashed Potato and Honey, Rosemary Roasted Cauliflower		Adobo Chicken, Garlic Fried Rice, and Edamame Beans		Hand Stretched Hawaiian Pizza and Sweet Chili Broccoli
	Veggie Option		Portuguese Chickpea, Potato and Peas Stew		Tomato Roasted Vegetables Rigatoni		Mushrooms, Feta, Spinach, Beans Strudel		Eggplant and Tofu Adobo		Mushroom, Tomato, Peppers, Olives and Cheese Pizza
	Fun Addition		Portuguese Salame de Chocolate		Garlic Whole Wheat Dinner Rolls		Greek Pita with Tzatziki Sauce		Brazo de Mercedes		4 Cheese Pizza
	Sandwich		Portuguese Bifana Pork Sandwich		Chicken Caesar Wrap		Greek Turkey Sourdough Panini		Pinoy Style Ham, Whole Egg and Cheese Sando		Plant-Based Meatball Multigrain Sub
	Salad	Plant Forward Creations Composed Daily									
			Portuguese Tuna, Potato and Chickpea Salad		Quinoa Tabouleh		Greek Salad		Rice Noodle, Peppers Chilies and Cilantro Pancit		Caesar Salad
	Soup	Hand Crafted One Meat One Vegetarian, From Scratch, Every Day									

*Allergen Note: We are a peanut and nut aware kitchen. Please speak directly to our trained Manager/Chef in regards to any special food considerations and Allergies.
"No Gluten" items may come in cross-contamination with wheat during preparation.